LOOKING AHEAD

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>Wednesday March 18th</td>
<td>PADDLE POP DAY</td>
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<tr>
<td>Thursday March 19th</td>
<td>Bike Ed Road Test Grade 5</td>
</tr>
<tr>
<td>Monday March 23rd</td>
<td>Bike Ed – Norton Park Grade 5</td>
</tr>
<tr>
<td>APRIL</td>
<td></td>
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<tr>
<td>Monday April 13th</td>
<td>Term Two commences</td>
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AIM HIGH @ HEPS

PRINCIPAL’S REPORT

Dear Parents,

EVERYTHING IS AWESOME! - HEPS COMMUNITY TWILIGHT CINEMA
What a wonderful atmosphere beheld last Saturday evening! Children with their pillow friends, onesies and smiling faces joined many of their friends and family members on the oval to enjoy the Lego Movie. Even inclement weather could not dissuade our school community from getting together and enjoying some fun and entertainment. Thank you to Nicky Marran and her team for organizing and preparing the evening and thank you to all our young school leaders who came on the night to serve: selling popcorn, sausage, chocolate tops, hand out fluro sticks and generally help out to ensure everyone was settled and able to enjoy the movie. To the many parents who just jumped in and assisted wherever they saw the need, thank you, as this all contributes to the wonderful community spirit that was HEPS on Saturday night.
WHAT A TERM! FULL OF ENGAGING ACTIVITIES AND POSITIVE ENERGY
HEPS has been a hive of fascinating activities this term. On Tuesday evening, the Grade 5 teachers ran an iPad information evening for their students and parent/s to prepare their iPads for the BYOD 1:1 iPad program which will commence next term. It was a pleasure to witness the energy and commitment to this program; everyone was engaged and focused as they moved from room to room, learning about google docs, emailing and cyber safety.
On Thursday, Harmony Day, it was a pleasure to observe the students working so well together on activities that promote cooperation and harmony. Thanks Bev Darling and her team of supporters for organizing the activities and ensuring the day ran like clockwork. Also ‘thank you’ to the many parents who come along to assist with the activities; always appreciated. I heard that the Taiko Drum presentation was spectacular, highly engaging and entertaining. It is always a delight to see our students working so cooperatively within the multi age groups; older students helping the younger and the younger delighting in mixing and sharing with their older peers.
As I drove closer to HEPS last Friday I witnessed many, many children and families riding on bikes and scooters making their way to a day of learning at HEPS. I was consumed by pride and a warm fuzzing feeling of how great, how happy everyone looked as they moved together to school. Congratulations to everyone who participated in the Ride2School Day and thank you to all our parents who rode happily and safely with their children.
If you have been around the school during the mornings this week you would have noticed our Level 5 students in their fluorescent vests riding their bikes around the school and adjacent streets as they participate in bike education. I know that they will perform at their best to blitz the road test on Thursday so that they can participate in the bike ride to Norton’s Lane on Monday applying their newly learned skills to an intensive and fulfilling ride. Well done!
I enjoyed my visit to Bayswater Park where the Foundation students were enjoying a community activity. They were most welcoming and shared their experiences with me excitedly…..what a delight!
PARENTS’ ASSOCIATION
The Parents’ Association held their AGM on Tuesday 10th March. The President, Kellie Liddell, read out her report to a small audience. Thank you most sincerely to Kellie Liddell for her amazing work throughout her terms as President and of course to her supportive team of ladies. At this point no one has raised their hand to take on any of the positions for the 2015 Parents’ Association so until further notice the committee has been disbanded. Anyone interested in leading this important group please contact the office or have a chat with me.
EASTER BONNET PARADE
As is our tradition we love to involve the students in an Easter Bonnet Parade; this will be held on Friday 27th March, the last day of term one at morning assembly in the gym. So start those creative juices flowing and supervise your child’s creation so that they can enjoy the parade and get into the spirit of Easter.
Of course the Easter raffle will be announced at the final assembly on Friday afternoon at the front of the school soon after 2.00pm.
REMINDERS
SCHOOL COUNCIL / ANNUAL GENERAL MEETING – AGM
We will be holding our School Council’s Annual General Meeting on Monday 23\textsuperscript{rd} March, at 7.00pm. At this meeting reports will be presented by the President, Treasurer and School Principal. The reports will be posted on our website soon after. We look forward to announcing our new members to the first new school council meeting for 2015 after the AGM.

FAREWELL TO OUR CHAPLAIN
It will be Libby’s last week with us as Chaplain next week due to the lack of funding. I wish to thank Libby most sincerely for her dedication and commitment to our students and school community. Her work with the students, staff and parents has been significant and complemented the values and student wellbeing programs immersed in the school culture. Her time and interaction with the students have invariably allowed the teachers to focus on teaching as she has dealt with social and emotional issues. We thank you and know that we will sorely miss you!

PRINCIPAL CONFERENCE
Cameron and I will be attending the Whitehorse and Maroondah Conference on Thursday and Friday. We have invited Mr Leonard to attend Thursday, Miss Oakes to attend Thursday and Friday and Mrs Frigo to attend Friday as we listen to Marvin Oka speak on ‘Leading Real Change’, Tracy Ezard, ‘Embedding Our Learning’ and Matt Church present on ‘Helping Leaders with the 21\textsuperscript{st} Century Leadership Challenges’ and ‘The Chemistry of Success’. We will also spend considerable time as a team to work on our strategy plan. We leave the school confident that the following teachers will lead effectively:
Mr Brendan Garvey, Wednesday, Mrs Trish Cullinane, Thursday, and Miss Genevieve Edgell, Friday.

End of Term One: Our students will be dismissed from school on Friday 27\textsuperscript{th} March at 2.30pm after a warm farewell to Term One and the Easter Raffle.

Kind regards,

Kitty Allard.
Principal.
Ways to make your life calm and creative!

“5-10—15 Minute Game”

How to motivate your child to do something around the house they just don’t want to do!

1. Buy an electronic timer with a countdown facility and a loud sound.
2. When your child is struggling to do the job, ask them to do it for just 5 minutes—and then when the buzzer sounds, ask them to stop the job immediately.
3. Allow your child to then do something they enjoy doing for 5 minutes—again the buzzer sounds and the activity stops!
4. You can play 3 rounds of this game—each time increasing the time by 5 minutes—for the hard task and the fun task.
5. Imagine if you played 5 rounds—a 5, then a 10, then a 15, then a 10 and finish with a 5!!

They would have done 45 minutes of something they were dreading and probably didn’t even feel it!
Give it a try!!

“when your child is struggling to start or do something because they don’t like the task—ask them to do it for just 5 minutes.....”

Libby
(Chaplain).

“A Better Way 101 Practical ways to Motivate your Child” Nigel Lane.
Term 1 in H.E.P.S Kitchen Garden

The Kitchen Garden is off to a great start as term one has seen a lot of action. Grades 1A, 1B, 2A, 2C, 2D, 3A, 3B, 3C, 4A, 4B, 5C and Prep C have all visited the garden, assisting with much needed weeding, turning over of the soil and digging in compost and manure.

We have harvested and tasted tomatoes, sweet corn, apple cucumbers, green and purple beans, zucchinis and rhubarb. The Golden Nugget pumpkins are almost ready to harvest and the rhubarb and capsicum are growing well.

We have recently planted spinach, rainbow silverbeet, broccoli, cauliflower, lettuce and snowpea seedlings.

Autumn is such a beautiful time in the garden, so we are looking forward to a happy and busy time in the Kitchen Garden during term 2.

Mrs Vicki May
Grade 2C enjoyed cooking Zucchini Fritters and Stewed Apple and Rhubarb

This term 2C spent a wonderful morning in the kitchen making zucchini fritters with fresh tomato sauce and stewed apple and rhubarb. We used zucchinis, tomatoes and rhubarb harvested from the H.E.P.S Kitchen Garden. We also cooked some ‘magic’ Purple climbing beans to see what happens to them. After preparing and cooking we all sat down and shared our meal together. The boys all worked together exceptionally well as a team, grating, cutting, mixing, measuring, washing and drying dishes, setting the table and cleaning up.

We have included the recipe of the fritters if you would like to try them.

Mrs Cheryl Courtney and 2C
Zucchini Fritter

Ingredients
1 cup self-raising flour 1 egg
2/3 cup milk 1 cup grated zucchini

Method
1. Sift flour into bowl
2. Break egg into a different small bowl
3. Add milk to egg and stir
4. Grate zucchini carefully and measure out 1 cup.
5. Put the zucchini into a sieve over a bowl and squeeze out the moisture
6. Add milk and egg mixture into a well in the flour and gradually mix in the flour
7. Add zucchini and mix together
8. Add a little oil to a hot pan and cook a tablespoon of mixture at a time
9. Turn to cook other side when bubbles appear
10. Place on a plate to keep warm when golden brown.
<table>
<thead>
<tr>
<th>STUDENT OF THE WEEK</th>
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<tbody>
<tr>
<td><strong>BRADLEY 1C</strong></td>
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<td><strong>JAVIER FOUNDATION C</strong></td>
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<td><strong>EMILY FOUNDATION C</strong></td>
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<td><strong>LUKE FOUNDATION B</strong></td>
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<tr>
<td><strong>THOMAS 6A</strong></td>
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<td><strong>TIA 4A</strong></td>
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<td><strong>AMEENAH 5B</strong></td>
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<td><strong>LINKIN 1B</strong></td>
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<tr>
<td><strong>JACK 5C</strong></td>
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<tr>
<td><strong>MATHilda 1/2B</strong></td>
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<tr>
<td><strong>NICHOLAS 3B</strong></td>
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<tr>
<td><strong>HAYDEN 1A</strong></td>
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<tr>
<td><strong>EBONY 5A</strong></td>
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<td><strong>ELEKTRA 2D</strong></td>
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<td><strong>KIRA 2A</strong></td>
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<tr>
<td><strong>BRENDAN 3C</strong></td>
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<tr>
<td><strong>AMBER 4C</strong></td>
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<td><strong>ETHAN 2C</strong></td>
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<td><strong>SAKURA 2A</strong></td>
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<tr>
<td><strong>KAVYA 1C</strong></td>
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<td><strong>MILES FOUNDATION B</strong></td>
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<tr>
<td><strong>LUCAS FOUNDATION C</strong></td>
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<td><strong>ELLA FOUNDATION C</strong></td>
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<tr>
<td><strong>FINN 4A</strong></td>
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<tr>
<td><strong>MADDY 1/2B</strong></td>
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<td><strong>AARON 2D</strong></td>
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<td>Student</td>
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<tr>
<td><strong>EMMA 5C</strong></td>
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<tr>
<td><strong>PHOEBE 3B</strong></td>
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<td><strong>MATTHEW 5B</strong></td>
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<td><strong>ERYN 1B</strong></td>
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<td><strong>ABBEEY 1A</strong></td>
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<td><strong>NATASHA 4C</strong></td>
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<td><strong>COURTNEY 4B</strong></td>
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<td><strong>OSCAR 2C</strong></td>
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**EASTER RAFFLE REMINDER!**

Easter is just around the corner, and we would love to share with our students the fun that is associated with Easter, that is, the Easter Bonnet parade on the last day of term, Friday 27th March, and of course the Easter Raffle.

This is a reminder that donations for the raffle are to be delivered to the office by the end of this week and raffle tickets are due back no later than Monday 20th March.

Many thanks,
HEPS Parents' Association
We have a new intern from Japan coming to work at HEPS for three months at the beginning of term two. His name is Takashi Imamura and he is a twenty-two year old university student who is studying to become a teacher. If there is a family who would like to host this young man for four weeks please contact me at school. We are looking forward to having Takashi san at school.

This year in mid October it is hoped that a visit to our sister school in Okinawa will go ahead. I would like to hear from any parents who are interested in their child participating in this amazing experience. At this stage I am asking only for expressions of interest. I will have more details soon.

Some good links for Japanese learning!!!
http://web-japan.org/kidsweb/
http://www.activityvillage.co.uk/japan
http://japanlover.me
Welcome to the 2015 Victorian Premiers’ Reading Challenge!

All HEPS students from Prep to Grade 6 are strongly encouraged to take part in the 2015 Premier’s Reading Challenge (PRC).

Permission forms have gone out to all students. Our aim for 2015 is to have ALL HEPS students enrol and complete the Challenge. At HEPS we believe that the PRC is important as it helps motivate students to read and engages them in reading as an enjoyable activity. The Challenge also teaches them to be disciplined and to develop sound organisational skills.

Reading is a powerful tool in helping students to learn and develop literacy skills. Studies have shown that the amount of reading practised outside school has consistently been found to increase vocabulary, reading comprehension, verbal fluency and levels of general knowledge.

At HEPS we work together with parents to offer children a wide variety of reading materials, time to read for pleasure, a place to read, help in finding the right book and opportunity to discuss what they have read.

Since 2005, the Challenge has helped thousands of students discover the rewards of reading. The Challenge encourages all students to set themselves a goal and work towards it by discovering the joy of reading and the magic of books.

The Challenge will run over three terms. It begins in March and will go through until September. During this time all students will read a target number of books.

For students in Prep to Year 2 the target is 30 books, at least 20 from the Challenge list. For students in Years 3 to 6 the target is 15 books. Years 3 to 6 students should read at least ten books from the list. More information and advice about the Challenge can be found at www.education.vic.gov.au/prc

To enrol your child, complete the permission form and return it to your child’s teacher as soon as possible.

Let’s all look forward to celebrating a record-breaking 2015 and to awarding ALL our students with certificates later in the year. But most importantly let’s encourage our children to read and enjoy the many and varied selection of books.

Kitty Allard
Principal

Sue Austin
PRC Co-ordinator
Term 1 Fundraising wrap up!

Closet Clean Out
This term in conjunction with Living Fundraising we held another clothing drive here at H.E.P.S. Giving us all the opportunity to clean and clear out closets, linen press and soft toys ready for the new year and the new season. The funds raised this year will be going towards the rejuvenation of the playground that has been impacted on by the new Grade 2 portable. We have recycled 521 kg of items, raising a total of **$130.25**.

*Mark your calendars!* We have booked another Closet clean out in early term 4. Thank you for your support.
H.E.P.S. FUNdraising team.

H.E.P.S. Community Twilight Movie
Last Saturday saw almost 500 people turn up at school in their p.js, onesies and dress ups to watch ‘The Lego Movie’ with family & friends. After checking in, there was BBQ for tea, followed by choc tops or popcorn for desserts. The ‘Guess the Lego’ competition was won by Bonnie and I am sure you will agree that she will have fun building all sorts of things!
Keeping an eye on the skies we snuggled down under blankies for the main feature. Unfortunately the rain cut the night slightly shorter than expected, but up until then everything was AWESOME!
Thank you to the student leaders [and families] who attended and worked to help the night run smoothly. We could not have done it without you! Hopfully this is an event that will feature on the H.E.P.S. calendar again another year!
Our Environment – Cooling down

Hats are required for outside play in terms 1 and 4. We will be sending home your child’s OSHC hat at the end of this term to wash and keep at home until it is needed later on in the year.

You may have noticed some staff changes in our room lately, my name is Jen and I am pleased to be taking on the coordinator role here at HEPS. I have many years of experience as an early childhood teacher/director and as a relief teacher in various primary schools. Currently I am embarking on my diploma of Montessori education - all the while looking after my energetic and mischievous 2 year old. Obviously I enjoy being busy!

The past two weeks have been great fun as I get to know the children and families here and already I have discovered a caring and friendly school spirit that surrounds the entire Heathmont East community. Please introduce yourselves if we haven’t had a chat already as I would love to get to know you all.

One very important reminder for our parents is to please ensure you update Camp Australia with any unexpected absences for your child. It can be quite challenging chasing these up each afternoon while trying to begin the program with the other children. If you have had a last minute change of plans and will not need care for your child, please either update your details online or let me know via the service phone on 0452 247 733.

Some of Our Current Activities

1. The children have completed this year’s Camp Australia getting to know you sheets, which have been displayed proudly in our room. This is a terrific way for us to get a snapshot of our group’s interests, their family profiles, likes/dislikes, hobbies and activities. All of this information helps to guide our programs and ensure they are child focused.

2. The group worked together to write a fantastic poem as part of the Team Camp Australia Foundation ‘Better Buddies’ program. It is displayed on the back of our door. Please have a read if you get the chance and see how clever our aftercare children can be when they work together!

3. Lots of Art activities. You will notice an array of different art experiences happening in our room at the moment to help celebrate cultural diversity week. Experiences have focused around harmony day, St Patrick’s Day, and Indigenous art. We will have many more to come next week from our budding OSHC artists.

See you at OSHC! From your friendly team, Jen, Alia, Kym and Liva

HOW TO GET STARTED

Before using our programs register online for an account. This enables you to make bookings, view your statements and manage your details anytime of the day. Registering is quick and easy. Visit www.campaustralia.com.au/nowparents

Once registered
You can make bookings and cancellations, view your statements and manage your details anytime of the day.

Save on Care
Save 50% or more on Before and After School Care with the Child Care Rebate. Almost all families are eligible. To find out more call our Customer Service Team on 1300 106 343

Holiday Clubs
Don’t forget about the Camp Australia Holiday Clubs these school holidays. Use the Holiday Club Finder on the website to find the nearest program: www.campaustralia.com.au/holidayclubs

Healthy Snacks
Afternoon tea is served daily. Menus are tailored to children’s tastes, developmental and nutritional needs. Afternoon tea includes a selection of yummy sandwiches and fruit. Children may also engage in fun cooking activities.

we make kids smile
www.campaustralia.com.au
DID YOU KNOW?........Attendance

For those families going on holidays please collect application form from the office which must be completed and returned for Principal approval, PRIOR to your holiday, in accordance with the Department’s requirements for attendance records.

To Principal: Miss Kitty Allard,

I wish to request approval for our holiday, (please supply details)

______________________________________________________________

from ___________________________ to __________________________ inclusive for my child/children

<table>
<thead>
<tr>
<th>Name</th>
<th>Grade</th>
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______________________________________________
Parent’s signature

__________________________
Date

This note must be returned to the office as parent notification for permanent school records.
## Canteen Roster

<table>
<thead>
<tr>
<th>Date</th>
<th>Staff</th>
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<tbody>
<tr>
<td>Friday March 20th</td>
<td>Merryn Brien</td>
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<tr>
<td></td>
<td>Tracey Lawrence</td>
</tr>
<tr>
<td>Monday March 23rd</td>
<td>Kerryn Hughes</td>
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<tr>
<td>Wednesday March 25th</td>
<td>Michelle Chamberlain</td>
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<tr>
<td>Friday March 27th</td>
<td>Justine Olsen</td>
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<td></td>
<td>Cathy Davidson</td>
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<tr>
<td>Monday April 13th</td>
<td>HELP NEEDED</td>
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<tr>
<td>Wednesday April 15th</td>
<td>HELP NEEDED</td>
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<tr>
<td>Friday April 17th</td>
<td>Justine Olsen</td>
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<td></td>
<td>Hayley Thomson</td>
</tr>
<tr>
<td>Monday April 20th</td>
<td>Stephen pinchbeck</td>
</tr>
<tr>
<td>Wednesday April 22nd</td>
<td>Gaylene Daniltchenko</td>
</tr>
<tr>
<td>Friday April 24th</td>
<td>Nicky Marran</td>
</tr>
<tr>
<td></td>
<td>Sue Tilbrook</td>
</tr>
<tr>
<td>Monday April 27th</td>
<td>Kerryn Hughes</td>
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</tbody>
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Canteen Manager Vicki Allan

For your convenience we would like to remind you that payments for excursions, swimming and other school activities can be made directly via the school’s bank account.

**ACCOUNT NAME:**
Heathmont East Primary School Official Account

**BSB:** 063 – 191
**ACCOUNT NO:** 1003 9330

Please ensure the family name and excursion details are noted on the payment.

---

**Art Room Wool needed.**

Our Art room has already been a hive of activity with students enthusiastically creating. We are currently in need of wool for our next project. Any donations would be greatly appreciated and can be left at the Art room door. Grade 3 students have been asked to bring two reasonably straight sticks (approx. 25 cm long) for their next creation that we begin next week. Thanks so much for your help with this.

Mrs. M
Disclaimer:
Heathmont East Primary School does not necessarily endorse the products in this newsletter and parents are at liberty to make their own choices.
Lunar Drive In

115 SOUTH GIPPSLAND HWY, DANDENONG. 9706 9988

1. **Insurgent**
   - Starts: 26 Mar
   - Image of characters from the movie.

2. **SpongeBob SquarePants: Sponge Out of Water**
   - Starts: 26 Mar
   - Image of SpongeBob SquarePants.

3. **Cinderella**
   - Starts: 26 Mar
   - Image of Cinderella in her blue dress.

4. **Fast & Furious 7**
   - Starts: 2 Apr
   - Image of characters from the movie.

5. **Pitch Perfect 2**
   - Starts: 7 May
   - Image of characters from the movie.

6. **Avengers: Age of Ultron**
   - Starts: 23 Apr
   - Image of Avengers.

7. **Shaun the Sheep Movie**
   - Coming Soon
   - Image of Shaun the Sheep.

8. **Home**
   - Coming Soon
   - Image of characters from the movie.

Sessions at www.lunardrivein.com.au

Information correct at time of printing. All dates and films are subject to change.